

## Opioid Roundtable Summary Report

**Date: October 1, 2019**

**Time: 9am to 12pm**

**Location: Venture13, Cobourg**

The opioid crisis roundtable was initiated by Councillor Adam Bureau with attendance of representatives from Town of Cobourg, Cobourg Police Services, Cobourg Fire, Northumberland Hill Hospital, Green Wood Coalition, FOURcast, Northumberland County Council, Northumberland EMS, Northumberland County Community & Social Services, HKPR Health Unit, PARN, Haliburton, Kawartha Lakes, Northumberland (HKLN) Drug Strategy, MPP David Piccini's office and two individuals with lived experience.

The roundtable was facilitated by PARN. With an overview of the Haliburton, Kawartha, Northumberland (HKLN) Drug Strategy, the roundtable was broken into groups to discuss gaps and existing services.

Key highlights from the roundtable include;

Existing Services Identified in and around Cobourg

- Rebound Child and Youth Services
- Transition House
- Salvation Army
- Change Health Clinic
- Cornerstone
- Narcotics Anonymous/ Alcohol Anonymous
- Green Wood Coalition
- Cobourg Police Services
- M.H.E.A.R.T
- PARN
- FOURcast
- Northumberland Hills Hospital
- Northumberland Hills Hospital Community Mental Health Services
- Northumberland Community Counselling Centre
- The Help Centre
- AMO municipal recommendations for a provincial response
- Central East Local Implementation Health Network (CELHIN) & report card
- Federal
  - Substance Use and Addiction Program
  - Started June 2019 – additional \$55 million
- Province is providing comprehensive opioid response

Gaps in Community Support/Barriers to Accessing Support

- Lack of coordinated approach for the mental health and addiction
- Provide compassionate, empathic care for complex issue
- Not enough funded models nor response to all needs.
- Social services are operating beyond capacity – lack of funding for increasing staff and program resources to enhance response
- Lack of emergency shelter
- Lack of education and skills training
- Lack of communication/public education/awareness on the issue

- Lack of interconnected transit between locations of support (Peterborough x Cobourg)
- Lack of collaboration amongst three levels of government
- Lack of 24/7 availability of services
- Drug strategies
  - Impactful but no sustained funding (HKLN Drug Strategy funding expires at the end of 2019)

#### Key Suggestions For A Coordinated Response Identified From Breakout Conversations

- Drop-in centre/under-one-roof model of care (pilot project) where a meal and wraparound services can be accessed
- Wider public engagement with neighbourhoods and businesses
- Coordinating table to monitor the situation and to implement plan of action
- Cost-sharing funding from three levels of government
- Mobile Crisis Unit
- 24/7 Services
- Harm reduction clinics
- Investment in youth, single parents, and families in need
- Additional M.H.E.A.R.T support
- 30 day emergency/high risk facility location for in-crisis individuals
- Support opportunities in school system
- Providing the province the needs and
- List of infrastructure resources available in the community
- Support of the four pillar approach for the HKLN Drug Strategy
- Investment in interconnected transit between locations of support
- Collaborative data sharing for informed planning and closure of gaps
  - Starting with prescribing
  - Naloxone
  - Harm reduction

NAME	COMPANY
Marcelle Johnson	Chief of Northumberland EMS
Mike Vilneff	Cobourg Fire
Shannon Murphy	Cobourg Fire
Chief Paul VandeGraaf	Cobourg Police Services
Donna Rogers	FOURcast
Nicole Whitmore	Greenwood Coalition
David Sheffield	Greenwood Coalition
Megan Deyman	HKLN
Catherine MacDonald	HKPR Health Unit
Paige Wiggans	MPP David Piccini's Office
Jennifer Gillard	NHH
Jennifer Cox	NHH
Madison Ellis	Northumberland County
Lisa Horne	Northumberland County
Sarah Tanner	Northumberland County
Bob Crate	Northumberland County Council
Kim Dolan	PARN
John Dudley	PWLE
Lorraine McCarthy	PWLE
Councillor Nicole Beatty	Town of Cobourg
Councillor Aaron Burchat	Town of Cobourg
Mayor John Henderson	Town of Cobourg
Deputy Mayor Suzanne Seguin	Town of Cobourg